



# The Southwester

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Serving the Waterfront Communities of Southwest and Navy Yard

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## Back to School at Amidon-Bowen

By: Bruce DarConte

It was a successful first day back to school for Amidon-Bowen Elementary School.

Google surprised art teacher Greta Schorn in her new classroom with art supplies that she had put on a wish list for her class. Google arrived with supplies including glue sticks and canvases. Ms. Schorn said that she always felt bad when a child

would come to her for a glue stick and she did not have one to give. Donorschoose.org is an education funding site that takes teacher requests for supplies that they need in the classroom. Google had elected to fund this effort.

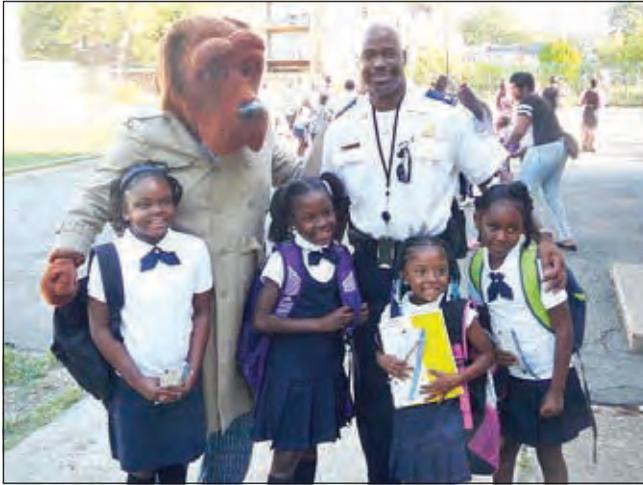
That surprise followed a successful first day of classes with appearances from McGruff the Crime Dog, George Washington (one of the Washington Nationals Racing Presidents), Commander Brown of the First District, Charles Allen, Naomi Mitchell,

Jane English (EBFSC), Thelma Jones (SWNA), members of the Armed Services from Fort McNair, and others.

Backpacks, notebooks, and other supplies were given to the kids as they arrived. In addition, names were collected to disseminate baseball tickets donated by the Washington Nationals for a game that took place on Sept. 6.

Amidon-Bowen was one of two schools to adopt an extended

See "Back to School," page 6



McGruff the Crime Dog and MPD District 1 Cdr. Jeff Brown were on hand to give notebooks to the students. Photo by Perry Klein.



"George" of the Nationals visited, to the delight of the students. Photo by Perry Klein.



Refreshments were provided by volunteers from Christ United Methodist Church and the Edgewood-Brookland Family Support Collaborative. Some fruits and vegetables came from the Amidon-Bowen Garden.

## KNOW YOUR NEIGHBORHOOD: M Street Yoga

By: Max Gruber

Southwest DC is proud to welcome its newest member to the community, M Street Yoga. Tucked inside the ground floor of 300 M St. SW at Carrollsburg, A Condominium, M Street Yoga is the neighborhood's first yoga studio. Just weeks old, the studio is already providing the community with a much-needed physical and mental break from the daily stresses of city living.

As Pamela Fierst, co-owner of M Street Yoga, mentioned to me when we met last week to discuss the new venture, "I have already had a few people who have stopped and given me a hug, thanking me for finally bringing yoga to the community."

The space is simple - it features two studios, a foyer, and a changing room - but this simplicity is a good thing. It permeates one's practice, allowing one to focus on breathing, poses, and the guidance of the instructor, as I quickly found out when I participated in one of M Street Yoga's inaugural classes.

My instructor was Lynne Montgomery, a certified yoga instructor who has been practicing for over a decade. The class



Pamela Fierst, co-owner of M Street Yoga

had a mix of beginners, seasoned yoga practitioners, athletes, the young, and the old, and Lynne did an excellent job of tailoring the class to the group's needs. If a plank pose, for example, was too hard, Lynne encouraged students to drop to their knees. If something was too easy, she demonstrated pose progressions that would be appropriately challenging. By the end of the class I felt relaxed, focused, and physically invigorated - exactly what I hoped to accomplish during the hour long class.

Although the studio is simple, that is not to say the owners, Pamela and her partner and co-owner, Tim, do not have big plans to grow it and make it their own as well as the community's.

As Pamela advised me, "Good studios are built on repeat business and belonging." One way that M Street Yoga is creating this sense of belonging is by catering to the needs of the community. Already Pamela has ideas on how to accomplish this. M Street Yoga plans to eventually offer a whole menu of classes and workshops that will appeal to athletes, beginning

See "Yoga," page 6

**Come support your local newspaper! The Southwester's Halloween fundraising party will take place at Blind Whino on October 24th from 8pm to midnight!**

# SWNA Fact Sheet Updates

**O**ur Mission: “To improve the quality of life for all residents; to open to every resident the wide cultural horizon of urban living; to help create rich and equal social, educational, and economic opportunities for residents of Southwest; to assist in providing the opportunity for gainful employment for all; and to promote development of the economic and aesthetic potential of Southwest and preserve its diverse history. This mission shall be pursued without regard to the social, economic, and racial barriers that have divided cities in the past.”

ONGOING CHALLENGES AND OPPORTUNITIES	OUR RESPONSE	UPDATES
Lansburgh Park: vacant, abandoned, crime-ridden, inoperable facilities	SWNA organized a community visioning charrette, lobbied DC to build tennis courts, and sponsored groups who have worked with us to fund, build, and operate a community garden and dog park. We also organize and support events such as movie nights, tree planting, seasonal cleanups, and SW Unity Forum’s Summer in Lansburgh.	MISSION ACCOMPLISHED SW Dog Park is open! Congratulations PAWS of SW!
Emerging community groups with similar community development goals but are not incorporated as 501(c)(3) non-profit organizations	SWNA provides administrative, financial, and marketing support to the Amidon-Bowen PTA, Neighbors of the Southwest Duck Pond, SW PAWS Dog Park, SW Community Garden, and other groups. Serves as fiscal sponsor to enable these organizations to solicit tax-deductible donations.	SWNA and the DC Dept. of Parks and Recreation signed a Cooperative Agreement to enable PAWS of SW to operate the SW Dog Park.
DC United Soccer Stadium in Buzzard Point	SWNA formed a coalition that organized community forums, testified before the DC Council, and submitted articles and other policy pieces to ensure that the development is beneficial to the community.	SWNA organized a community forum to discuss the Administration’s draft Transportation and Environmental Mitigation Study, Special Events Study, and Buzzard Point Urban Design Framework with DC Council Chairman Mendelson as the featured speaker.
A significant amount of residents with limited access to education and other enrichment activities	SWNA provides college scholarships, computer training for youths and adults, and funding and volunteer support to dozens of youth programs including sports teams, Girls on the Rise, and Girl Scouts. Also works with DC to ensure recreational facilities are fully staffed, accessible, and in full working order.	SWNA provided six SW residents with college scholarships totaling \$9,000 and provided laptops to two college-bound freshmen.
Development proposals that raise functionality and compatibility concerns among residents	SWNA holds community forums, researches sites and development proposals, and educates residential leadership and developers about opportunities and constraints in an effort to optimize opportunities for community input.	SWNA organized a meeting between the Shakespeare Theatre Company development team and the residents of townhouses adjacent to SEU to foster dialogue about ways to mitigate the effects of the Shakespeare development on the neighborhood.
A neighborhood in transition needs a central source of timely information on issues of importance to SW residents.	The Southwester newspaper provides current information for SW residents, workers, and visitors on hearings, forums, youth programs, waterfront development progress, and neighborhood activities not available elsewhere, and has equally important online service at <a href="http://www.thesouthwester.com">www.thesouthwester.com</a> .	We bridge the digital divide by providing hard copy newspapers delivered in multiple locations throughout SW and near SE.
Celebrate the unique and compelling history of our community and reinforce our progressive and inclusive identity	SWNA researches and identifies ways to promote our community heritage, whether through public forums, commemorative events such as Titanic 100, publications, oral history projects, interpretive panels, Public Information Display Systems, or adding significant sites to the National Register of Historic Places.	SWNA is co-sponsoring a walking tour of SW with DoCoMoMo_DC on Oct. 11. The tour will highlight SW’s unique collection mid-century modern buildings and landscapes.



Jacqueline Walker  
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## The Navy Yard Tragedy: One Year Later

By: **Bruce DarConte, Co-Founder/Vice Chair, Near Southeast Community Partners**

**O**n Sept. 16, 2013, military and civilian personnel at the Washington Navy Yard were targeted in a senseless act of violence that took the lives of 12 innocent people, injured many others, and forever cast a dark cloud over the Navy Yard community. On the one-year anniversary of this tragedy, the Near Southeast Community Partners (NSCP) honored those who lost their lives, the victims’ families, the survivors, and the first responders who heroically performed their duties in a public ceremony of remembrance in Canal Park.

In attendance were a variety of dignitaries including U.S. House Democratic Whip Steny Hoyer (MD-05), U.S. Navy Vice Admiral William Hilarides, Mayor Vincent Gray, members of the DC Council including Tommy Wells (Ward 6), David Grosso (At-Large) and Mary Cheh (Ward 3), and Ward 6 candidate Charles Allen. Additional community leaders present were representatives of the Capitol Riverfront BID, the Washington Nationals, Barrack’s Row Main Street, Living Classrooms, and Anacostia Riverkeeper.

Congressman Hoyer poignantly imparted personal insights on each victim, leaving the audience with a deeper appreciation of their lives. The common thread was that they all believed that serving their country was the highest honor possible.

Mayor Gray spoke about the tragedy, which has forever impacted our city, the Navy Yard, and the Near Southeast community, and urged stricter gun laws to help prevent repeat events.

Vice Admiral Hilarides stated, “Although a year has passed, the emotion, the remembrance of those folks is always close to the surface,” and shared that, upon departing the event, he was going to have dinner with the 12 people he spent hours with during the lockdown, all of whom plan to gather every year on Sept. 16 to remember.

Throughout the ceremony, the Takoma Musical Ensemble performed musical selections, creating an ambiance fitting for this tribute.



Congressman Steny Hoyer (center) stands with Bruce DarConte (L) and Ed Kaminski (R), co-founders of NSCP.

Many of the Navy Yard personnel still suffer from post-traumatic stress. Building 197, the site of the shooting, has undergone a complete renovation and employees are scheduled to move back into the building in February 2015.

NSCP is proud to have produced this event as a tribute to the strength of our community. We are grateful to all of the volunteers who made the ceremony possible and we will continue to find ways to unite all in the community.

We will never forget.

**By: Kael Anderson, SWNA President**

I was asked to submit my remarks from the opening of the DC Arts and Humanities' "Nonuments" exhibition to the Southwester.

As president of our neighborhood assembly I receive many requests for support. We get involved in any number of of prevailing issues, whether it's a new soccer stadium or redevelopment of our public housing communities, but I never thought I'd get involved in a peep show, some baked potatoes, asteroids, piles of dirt, or stained shrubs.

Sometimes you have to take a leap of faith. You have to be willing to throw a variety of seeds out, knowing they won't all flourish. And when a certain curator conveyed his "Nonuments" concept to me, I quickly saw the possibilities. For it wasn't about dropping some art in Southwest; it's about developing our community and transforming a vacant and downtrodden space in the heart of Southwest.

There is a long tradition of art being sequestered in hermetically-sealed buildings that are located away from residents and charge admission. Some of these institutions are trying to open up by providing opportunities for more to see the work...virtually.

In contrast, "Nonuments" is a fully-immers-



## "Nonuments" Opens in Southwest

*Migration* by Cameron Hockenson is a "nonument" for a home threatened yet resilient in the face of displacement and climate change. The smaller structure on the right is called "Bird Condos." These nests are much like neighborhoods now on the move, embracing, adapting, or resisting forces of gentrification now sweeping the city, and the world. Photo by Perry Klein.

sive public art exhibition. It is a month-long opportunity to rethink our relationships and our spaces.

I've been humbled by the artists who have been at the site for the past couple weeks. Rather than fabricating their art off-site where they could get it done much faster, they've been out engaging with any and all Southwesters who come by - probably meeting more Southwesters than many of us do in a year.

It was great to witness the successful kick-off event a few weeks ago, where strangers came together to

paint plants, dance in the mud, or just soak up the creative moments.

I grew up in Ferguson, Missouri. I still proudly call it home and my father still lives in our house. But as has been reported in the news over the past month, it has become the epicenter of protests emanating from our socioeconomic divides and misunderstandings, and from limited opportunities for growth and development.

Here in Southwest, we have been working on projects to help unify our community, such as our community garden a couple blocks from here. We didn't

go to the trouble of planning, fundraising for, and building it so that some individuals could drop some seeds in the ground and hope to reap them a few months later. Rather, the garden is about what we plant and what we grow each week. It is a community space where the gardeners teach, play, and work with the youth in the neighboring public housing community. It is a testament to emerging leaders—Kamilla, Coy, and others—who are making the project successful.

Likewise, this project isn't about building five art projects and waiting for critical acclaim. This project is about Reverend Hamilton opening up his church to host a symposium in Southwest on human trafficking. It is about Safeway's contribution to this community, allowing us to break bread together. It is about being able to relocate this temporary grove to provide shade for community members who are least able to afford trees.

This project is about inspiring our youth and ourselves to explore our common bonds and common struggles.

"Nonuments" is one of the 5 x 5 projects sponsored by the DC Commission on the Arts and Humanities. It opened officially on Sept. 6 in the field adjacent to CVS on 4th St. SW. The curator is Lance M. Fung.



SWNA President Kael Anderson speaking at the "Nonuments" dedication at 4th St. SW on Sept. 6. Photo by Perry Klein



Artist Marianna Peragallo [middle right] with Southwest residents, including Portrait Garden subject [far right]. Photo by Kael Anderson.

# PAWS Dog Park Opens in SW

Sept. 14 was the opening of the PAWS Dog Park at Lansburgh Park on Delaware Ave. SW. All photos by Perry Klein.



The Dog Park has a drinking fountain for dogs.



Dogs play at the PAWS Dog Park.



The PAWS Dog Park viewed from outside.



Andrew Lightman and Anne Willis. Anne sponsored the benches in the PAWS Dog Park.

## Docomomo DC to Host Walking Tour of Modernist Southwest DC

The local DC chapter of an international and national preservationist organization will host a walking tour of the modernist enclave of Southwest Washington DC on Oct. 11. To mark Docomomo-US's National Tour Day, the newly formed Washington chapter will highlight the neighborhood's historically significant mid-century modern architecture. Southwest DC boasts the greatest concentration of mid-century modern resources in the city, with buildings and landscapes by Charles Goodman, I.M. Pei, Chloethiel Woodard Smith, Harry Weese, Sasaki Walker and Partners, and Dan Kiley, to name just a few.

The event will begin at 1:30 pm at Arena Stage with an introductory talk by Dr. Richard Longstreth of George Washington University, followed by two walking tours and a reception in the roof-top Club Room at the Smith-designed Harbour Square, which overlooks the Potomac River. The tour will also include access

to unique interior spaces of the neighborhood's most noted projects, including Arena Stage, Waterfront Tower, and River Park.

The tour is jointly hosted by Docomomo-US/DC, the DC Preservation League (DCPL), and the Southwest Neighborhood Assembly (SWNA).

Date: Oct. 11, 2014

Time: 1:30 pm to 4:30 pm, with reception to follow

Place: Arena Stage, 1101 6th St. SW, Washington, DC 20024

Ticket prices:

\$15 - Students

\$25 - DC Preservation League and Docomomo-US/DC members

\$35 - non-members

To register, please go to <http://www.dcpreservation.org/2014/09/docomomo-tour-day-reception/>

## Friends of the SW Library Fall Book Sale!

The Friends of the Southwest DC Public Library will be holding its **Fall Book Sale** on **Saturday, Oct. 18 from 10:00 am to 3:00 pm and Sunday, Oct. 19 from 1:30 pm to 4:00 pm** at the **Southwest DC Public Library, 900 Wesley SW (at K & 3rd St SW)**. Books will be discounted and most will be \$1. All proceeds for the sale will go directly to supporting programming and equipment needs of the SW library branch. Please email [friendsofswlibrary@gmail.com](mailto:friendsofswlibrary@gmail.com) with any questions. We hope to see you there!



Omicron Eta Lambda President Thomas Davis conversing with a SW DC resident.

## A Celebration in Southwest

By: Christopher Drayton

a great time.

On Aug. 30, in a collaborative effort between the Southwest Community Forum and the Omicron Eta Lambda Chapter of Alpha Phi Alpha Fraternity, Inc., a joint Southwest DC Community Day celebration was hosted at Lansburgh Park.

This outstanding community endeavor was an event meant for the entire family and community. There were a number of fun activities for young children including a moon bounce, rock climbing, a carousel, and horse back riding.



Real Talk DC providing free HIV Screening.

Members of Omicron Eta Lambda Chapter, which is committed to being a larger presence in Southwest DC, passed out donated school supplies for the children, performed voter registration, and served free refreshments to the participants who came to have

and advocacy for our communities' and being part of events like this is what our chapter is all about."

While each had held their own events in the past, this event marked the first time the two organizations collaborated to serve the community.



OEL members compiling donated school supplies.

## Allen A. Flood, M.D.

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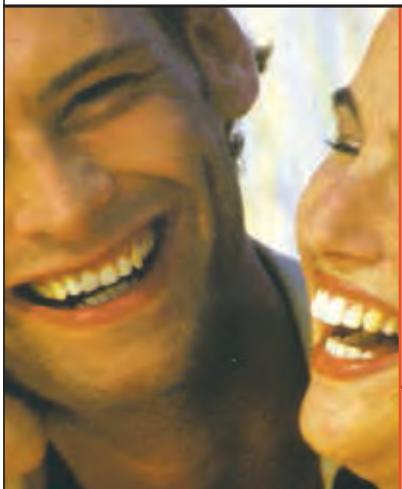
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### Come celebrate the finale to the SW ArtsFest at the Pumpkin Lantern Palooza!

Learn how to create a glowing pumpkin lantern from a team of talented artists who will help you uncover your inner artistic talents. Please join the fun as the Jazz Academy of Music Orchestra leads a Parade of Pumpkins—filling the waterfront with rousing music and a spirited orange glow at dusk.

**Pumpkin Lantern Art Studio Opens: 3:30pm**  
and continues until 7:00pm (while supplies last)

**Pumpkin Lantern Parade Begins: 7:15pm**  
and concludes with official judging

**Prizes for first, second and third place will be**  
awarded at 7:30pm

**Live Music from the legendary Jazz Academy**  
of Music: 3:30-7:30pm

# WHARF

The Pumpkin Lantern Palooza is produced by Hoffman-Madison Waterfront in celebration of the SW ArtsFest with the support of Cantina Marina, Gangplank Marina, Jazz Night in Southwest and the Washington Waterfront Association. All art supplies and musical entertainment are FREE.

Parental supervision of children under 9 is required for participation.

The Wharf is a new, mixed-use, waterfront development by Hoffman-Madison Waterfront that is now under construction. The first phase of The Wharf will open in 2017. When complete, The Wharf will feature approximately three million square feet of new residential, office, hotel, retail, cultural, and public uses including waterfront parks, promenades, piers, and docks. More information is online at [www.wharfdc.com](http://www.wharfdc.com). General information is available at 202-688-3590.

# YOGA

From p. 1

practitioners, retirees, those recovering from injuries, and everyone in between. In addition to the course offerings, Pamela and Tim would even like to use the walls of the foyer to highlight local artists in the community. For them, it would be a way to bring individuality to the studio and really root it in the community.

One of the most interesting initiatives M Street Yoga is bringing to Southwest is its focus on veterans and active duty U.S. military personnel. With Ft. McNair and the Navy Yard within walking distance of the studio, Southwest DC has always had strong ties to those who serve our country. At M Street Yoga, these ties are even stronger. Pamela is a graduate of the National Defense University located on Ft. McNair and Tim is a retired Lieutenant Colonel. As Pamela stressed to me, they are both committed to using the studio and the practice of yoga to assist in the recovery of mental and physical strain that military personnel might have.

"This was part of the drive that lead me to open up M Street Yoga," Pamela said.

Naturally, M Street Yoga is also committed to helping relieve the daily stresses accumulated from living and working in a company town like DC. One of the most beneficial aspects of practicing yoga, according to my instructor, Lynne, is

the break from the linear flow of DC.

"It's less rigid - a counter-balance to the bureaucracy inherent to DC," she said. In support of this worthy mission, M Street Yoga currently offers classes in the mornings and evenings, seven days a week. Classes range from the more athletic and flowing Vinyasa style to Restorative Yoga, which focuses instead on breathing and static stretching to calm the mind and relax the body.

"In the end there is no such thing as a bad yoga class," exclaimed Pamela. "It's all about what you bring to it and what you want to get out of it."

After taking a class at M Street Yoga, I can safely say that Pamela, Tim, and their cohort of passionate instructors are well on their way to providing the space and instruction for residents of Southwest DC to realize the benefits yoga can bring physically, mentally, and to the community as a whole. M Street Yoga's schedule, prices, and class registration can be found online at [www.mstreetyoga.com](http://www.mstreetyoga.com).

New students to the studio can participate in 30 days of yoga for \$30. M Street Yoga provides a variety of classes for different skill levels and styles of yoga. The studio also provides complimentary mats for beginners and seasoned practitioners alike.

# BACK TO SCHOOL

From p. 1

day starting this year, allowing room to implement the new Engineering is Elementary (EIE) program into the schedule. The school day now

ends at 4:15 pm.

Everyone took a moment to remember former ANC 6D Commissioner Ron McBee, who spearheaded opening day for years before his death last year.



Coach Briscoe with refreshments in the background. Photo by Perry Klein.



PTA President Martin Welles shows the Amidon-Bowen Garden. The school hopes to get a greenhouse to continue growing vegetables year-round. Photo by Perry Klein.



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Principal Miller greets a student at the school entrance. Photo by Perry Klein.



PTA President Martin Welles signed up parents and their students for baseball tickets donated by the Nationals. Photo by Perry Klein.

## Arena Announces Full Company for “Fiddler”

In celebration of the 50th anniversary of the Broadway production this fall, Arena Stage at the Mead Center for American Theater mounts a new staging of *Fiddler on the Roof*, the iconic musical that has captured the hearts of audiences worldwide. Helmed by Artistic Director Molly Smith, the production features choreography by Arena favorite Parker Esse, who adapts the original Jerome Robbins choreography for an in-the-round staging, and a 10-piece orchestra led by Musical Director Paul Sportelli (Arena’s *My Fair Lady*, *Light in the Piazza*). The theatrical masterpiece, which garnered nine Tony Awards for its 1964 debut, weaves together a portrait of family, community and life’s unexpected miracles, large and small, and showcases a jubilant and beloved score, including “If I Were a Rich Man,” “Sunrise, Sunset,” “Matchmaker, Matchmaker,” and “Tradition.” Featuring a book by Joseph Stein, music by Jerry Bock, and lyrics by Sheldon Harnick and based on Sholem Aleichem stories, *Fiddler on the Roof* runs Oct. 31, 2014-Jan. 4, 2015 in the Fichandler Stage.

“I am heartened by stories coming to me from audience members about the impact of *Fiddler on the Roof* on their families,” shares Smith. “Challenging traditions is a concept that resonates deeply today—and adapting to new ones as well. This company of artists is an ideal one to interpret *Fiddler* for this moment in time. All eras have changes in tradition, although it is easy to feel our modern era is changing more rapidly than ever before. We are all fiddlers on the roof—balancing, changing, adapting. I’m excited to share this gold-standard American musical with a new generation. I know it will resonate as powerfully with them as it did when it was first produced 50 years ago.”

Ann Arvia (Broadway’s *Mary Poppins*, *Les Misérables*) makes her Arena Stage debut as Golde and joins the previously announced Tony Award nominee Jonathan Hadary (Broadway’s *Golden Boy*, *Spamalot*, *Gypsy*) as Tevye. Their five daughters are played by Dorea Schmidt (Constellation

Theatre’s *The Love of the Nightingale*) as Tzeitel, Hannah Corneau (Alliance Theatre’s *Harmony*) as Hodel, Maria Rizzo (Signature Theatre’s *Gypsy*) as Chava, Shayna Blass (Theater J’s *Yentl*) as Shprintze and Maya Brettell (Signature Theatre’s *Beaches*) as Bielke. Portraying the suitors of the eldest daughters are Joshua Morgan (Rep Stage’s *The Piano Teacher*) as Motel, the tailor; Michael Vitaly Sazonov (Arena Stage’s *The Light in the Piazza*) as Perchik, the scholar; and Kurt Boehm (Arena Stage’s *My Fair Lady*) as Fyedka, the Russian soldier. The company also features Erick Devine (Broadway’s *Ragtime*) as Lazar Wolf and Valerie Leonard (Arena Stage’s *Guess Who’s Coming to Dinner*) as Yente/Grandma Tzeitel.

Completing the lineup of actors, which boasts 20 locals out of the 28-person company, are Alex Alferov as the Fiddler, Scott Harrison as Mendel, Joe Mallon as Nachum, Jimmy Mavrikes as Yussel, Tracy Lynn Olivera as Fruma-Sarah, Joe Peck as Rabbi, Barbara Pinolini as Shandel, Kyle Schliefer as Sasha, Thomas Adrian Simpson as Mordcha, Chris Sizemore as Constable/Russian Soloist, Jamie Smithson as Avram and ensemble members Trevor Illingworth, Farrell Parker, and Curtis Schroeger with swings Eric Greengold and Jesse Palmer.

Smith, Esse, and Sportelli collaborate with Set Designer Todd Rosenthal, Costume Designer Paul Tazewell, Lighting Designer Colin K. Bills, and Sound Designer Lindsay Jones to transport audiences to the tight-knit and colorful Jewish village of Anatevka, utilizing earthy and authentic tones rich in historical and ethnic detail to create an in-the-round world for Tevye, a humble Jewish father who finds his devotion to God severely tested by his headstrong daughters, who want to be their own matchmakers, and the increasingly ruthless government forcing him from his land.

As part of the Opening Night Celebration on Nov. 12, Arena Stage will honor lyricist and three-time Tony Award winner Sheldon Harnick with the American Artist Award, which recognizes artists of the highest caliber, honoring their work and significant contributions to American theater.

## Breast Cancer Awareness Month: Meet a Survivor

Meet Ms. Thelma D. Jones, DC Pink Diva and White House Champion of Change. In 2006, after 33 years of service at the World Bank, Thelma was preparing for a retirement trip when she felt a lump under her arm.

She reflected upon the experience by saying, “I was planning to visit my doctor upon my return. But one trip led to another and in 2007, while away at my family reunion, I felt the lump again,” only this time, it was larger and rock hard. In that moment, Thelma knew she could no longer put off making “that appointment.”

In 2007, Thelma was diagnosed with Stage 3 HER2+ breast cancer, which is a rare form present in about one out of every five breast cancers due to a gene mutation. It was then that her “world started tumbling down” as she discovered HER2+ breast cancers are more aggressive and less responsive to hormone treatment. Thelma was faced with three months of “grueling chemotherapy treatments, surgery, and radiation” to shrink the tumors before doctors could preform a Lumpectomy. During this procedure, doctors also preformed a Lymphadenectomy, removing 34 lymph nodes, 15 of which were cancerous.

Nonetheless, Thelma continued to fight, enduring seven weeks of daily radiation. It was during that time that her doctor asked her to speak with other breast cancer patients afraid of chemotherapy.

She shares that, “From the beginning of my



Thelma D. Jones

treatments, I vowed to survive the raging storm and turn my challenge into an opportunity to help others.” It was with this declaration that Thelma’s journey began as an American Cancer Society (ACS) Certified Breast Health Educator.

In 2010, just three years after her Stage 3 diagnosis, Thelma created an ACS Breast Cancer Support Group in Southwest DC and was named ACS State Lead Ambassador. Thelma did not stop there and began to

learn complementary therapies at Smith Center for Healing Arts as lead community breast care navigator, reaching over 2,500 people.

She shares knowledge gained from holistically managing her Lymphedema, a condition caused by her treatment where painful fluid builds up in her limbs. “My adorable four-year-old grandson inspires me to keep going in a life filled with meaning, family, and good friends. I would like to see him follow me in this path.”

Today, Thelma’s next chapter includes hormone treatments with side effects that at times make each day a challenge. Yet she continues her work to save lives as a DC Pink Diva, educating women in her monthly support group on the benefits of getting screened early.

When asked what’s next, Thelma says, “Young women. For years the focus has been on older women and it’s time to educate our young sisters early and provide support for young patients as they begin their survivorship journey. And, a trip with my grandson!”



Sharon Farmer and Joyce Wellman

## Artists Reception in Memory of David Plummer

By: Brian Hamilton

Two world-renowned DC artists, Sharon Farmer and Joyce Wellman, are currently exhibiting their work at Westminster Presbyterian Church at 400 I St. SW as part of a special remembrance for Southwest resident, neighbor, and friend to many, David Lee Plummer, who passed away suddenly on Aug. 27.

On Sunday, Oct. 26 at 1:30pm, a special reception will be held with the artists on hand, discussing their work and sharing their appreciation for life, beauty, and creativity shared by our friend, David. Sharon Farmer served as director of the White House Photography Office from 1999 to 2001 but served in the office from 1993, documenting the Clinton-Gore Administration from its beginning. She continues to practice her art; her work is shown widely locally and nationally. Joyce Wellman is an abstract expressionist who works in a variety of media. Originally from New York City, she has lived and worked in D C for over thirty years and continually expands her perspective on her life and work. Joyce uses text, typography, geometry, and mathematics within a contemplative space to reference the subconscious and to express the spiritual in art.

### World Ablaze: The Mission of Every Christian

The World Ablaze series explores what it means that evangelization is at the heart of the life of every Christian.

- 10/14 **Beginning at the End:** Why evangelize, and who does it?
- 10/21 **The Shape of the Gospel:** The what and how of evangelization
- 10/28 **Gospelizing the Godless:** Evangelizing Atheists and Agnostics
- 11/4 **Continuing the Conversion:** Evangelizing Non-Catholic Christians
- 11/11 **Meeting the Marginal:** Evangelizing Catholics on the Fringe
- 11/18 **Preaching to the Choir:** Strengthening the Practicing Catholic

7:00pm in the Parish Meeting Room  
Entrance is mid-block on E Street, downstairs

### Celebration of the Holy Eucharist

Sunday Mass: Saturday 5:15 PM (Vigil of Sunday); Sunday 8:00 AM, 10:45 AM and 5:15 PM

Daily Mass: Monday – Friday 8:00 AM and 12:10 PM; Saturday 12:10 PM

Holiday Mass: 5:15 PM (Vigil); 8:00 AM, 12:10 PM, and 5:15 PM

Federal Holidays: 8:00 AM Mass Only

Eucharist Adoration and Holy Hour: Thursdays, 4:45 PM to 5:45 PM

### Celebration of the Sacrament of Reconciliation

Monday – Friday 11:55 AM - 12:10 PM; Saturday 4:30PM – 5:00 PM

## Special Upcoming Events

### Rosary Sunday with the Dominicans

Saturday October 4, 2014

4:30 p.m. Preached Rosary with time for Confessions  
5:15 p.m. Solemn Vigil Mass of Sunday with a Dominican Blessing of Rosaries

### Organ Concert

SW Arts Festival organ concert on the historic Roosevelt pipe organ. Sunday October 5 at 2:00 in the church. 30 minutes of classical organ repertoire. Tour of the church and light refreshments to follow. All are welcome.

### It’s Here!

Annual Heritage Day celebration on Sunday October 12. Mass at 10:45 a.m. with a reception following. All past and current parishioners and St. Dominic School alumni are invited. RSVP to 202-554-7863 or office@stdominicchurch.org.

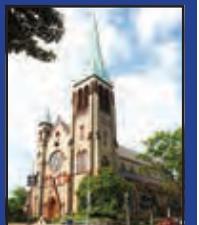
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630 E Street, SW Washington, DC 20024

Tel: (202) 554-7863

Email: [office@stdominicchurch.org](mailto:office@stdominicchurch.org)

Website: [www.stdominicchurch.org](http://www.stdominicchurch.org)



## Resilience for Life: A Talk on Emergency Preparedness

By: Ben Curran, Founder, SWNA  
Emergency Preparedness Task Force

Who remembers Aug. 23, 2011 at 1:51 pm to be exact? That's the time and date of the 5.8 magnitude earthquake that struck the Piedmont area of Virginia and was felt for miles in every direction, including the District of Columbia, which suffered some not-so-insignificant damage to several buildings, large and small.

I happened to be asleep in bed at the time of the quake after having worked the night shift at FEMA headquarters as we were mobilizing

to get ready for Hurricane Irene. When I first felt my bed shaking, I thought my youngest son Matiwas, like Bam-Bam, was jumping on the bed for the fun of it. Once I realized what was happening, I jumped out of bed, ran straight out the door, and rushed down four flights of stairs to the outside courtyard area.

Are you ready for the next disaster to hit the DC area?

Exiting the building after a quake is often the natural thing to do, but it's not what we are actually advised to do. The best advice to protect oneself during a quake is actually to drop, cover, and hold on. Running outside during or seconds after the initial quake can be dangerous because of falling debris and/or blocked passageways. For more information on earthquake safety, check out [www.dropcoverandholdon.org](http://www.dropcoverandholdon.org), one of many easy-to-read websites with emergency preparedness advice for earthquakes in particular – something we clearly need to pay more attention to in the District.

But there are other risks we face in the District too, including winter snow storms, fires, terrorist threats, floods, and other dangers. Please see <http://hsema.dc.gov/> for specific Washington, DC emergency preparedness information. Also, it is well worth visiting [www.ready.gov](http://www.ready.gov) for a wide array of preparedness steps everyone should consider taking to protect themselves, their families, their pets, and their neighborhoods as a whole.

It took me a while, but ever since the Aug. 2011 earthquake I have been putting together an emergency kit with copies of my key financial papers, changes of clothes, a radio, batteries, flashlights, a bottle opener, canned food, bottled water, face masks, a first aid kit, and several other items (I even included a jar of Nutella). I also drew up a family communications plan and have conducted occasional no-notice drills with my family.

For more information about emergency preparedness there will be a talk on Thursday, Oct. 16 at Westminster Presbyterian Church at 400 I St. SW from 5:30 – 6:30 pm. The speaker will be Ms. Peggy Keller, Director of Community Preparedness and Resilience Health, Emergency Preparedness and Response Administration, DC Department of Health. The topic will be "Resilience for Life ~ Older People & Disasters". We are holding this event in commemoration of International Disaster Risk Reduction Day, which is sponsored by the United Nations in mid-October each year.



**Khadijah B. Chase**



**Gary T. Hill**



**Asha R. Marshall**



**Marlon Mitchell**



**Tyree Price**



**Yurlee Tinsley**

## SWNA Education Task Force Awards Student Scholarships

By: Vyllorya Evans,  
Co-Chair, SWNA Education Task Force

On Aug. 16, the Southwest Neighborhood Assembly (SWNA) Education Task Force (formerly Scholarship Committee) celebrated its 40th year of awarding scholarships to students living in Southwest DC. The awards ceremony was held at Westminster Presbyterian Church, where more than 40 guests, including former scholarship recipients, gathered to meet this year's recipients. Since 1974, the SWNA Education Task Force has awarded scholarships to more than 275 college students living in the Southwest and Capitol Riverfront communities.

The following students were awarded scholarships of \$1,500 each this year:

Khadijah B. Chase entered Howard University as a sophomore to major in Nursing. Her first year of college was at Bennett College for Women in Greensboro, NC, where she majored in Biology and maintained a 3.8 grade point average. Kadijah graduated from Metropolitan High School as an 11th grader and was the salutatorian of the class. She earned all the credits needed to graduate from a four-year program within three years.

Gary T. Hill is a sophomore at Cheyney University in Pennsylvania majoring in Early Childhood Education. He graduated from Archbishop Carroll High School in 2013. Gary was a volunteer distributor for *The Southwester* for five years. This summer, he gained experience in his field of study, working with elementary school children at the YMCA. Gary also worked as a guest service representative at Nationals Park. Upon graduation he plans to return to DC and teach.

Asha R. Marshall entered Radford University in Radford, Virginia as a Mortuary Science major and hopes to become a funeral home owner. She is a 2014 graduate of KIPP DC: College Preparatory-KIPP Public Charter Schools, where she was recognized as a strong math student willing to help others. One of her most meaningful high school experiences was completing a 10-day community service project

in Costa Rica. While there, she helped to repair a local school and teach children.

Marlon Mitchell is a junior at Kent State University in Kent, Ohio with a 3.0 average. He is a 2012 Woodrow Wilson Senior High School graduate where he served, at different times, as both captain and player of the Woodrow Wilson SHS Baseball League. He also played for the Tenleytown Woodrow League. Marlon enjoys bike riding, reading, and listening to music.

Tyree Price entered Lincoln University in Pennsylvania as a freshman History major. He graduated from Thurgood Marshall Academy PCHS in 2014. A well-rounded student, he was recognized for his accomplishments in basketball, football, and acting in both middle and high school. Tyree performed in "Celebrating my Roots," a Black History Program at his school. For six consecutive summers, he served as a player and employee for the Barry Farms Goodman League Tournament. Tyree is the oldest of seven siblings.

Yurlee Tinsley is a Senior Business Management major and Human Resource Management minor at South Carolina State University. He is a member of Alpha Kappa Psi Professional Business Fraternity, Inc., the Society of Human Resource Management, the National Association of Black Accountants, and Beta Gamma Sigma International Honor Society. Yurlee is a 2010 graduate of Woodrow Wilson Senior High School.

The scholarships will provide students with financial aid for tuition. Students needing a computer were provided a laptop through the SWNA Technology Task Force, which is chaired by Perry Klein.

The scholarships are funded through community support. Friends of Southwest DC, a long-time community partner for this effort, funded two scholarships and Westminster Presbyterian Church funded a portion of one student's scholarship. Other contributors included individual donors, Gangplank Boat Tour, Jazz Night in Southwest, Harry's Reserve Fine Wines and Spirits, and Carter and Wiggins Trash Removal. Money for the scholarships was also funded by two yard sales.



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Gifts may be made by sending check, money order or credit card authorization to the Southwest Renaissance Development Corporation at the address listed below.

When donating by mail, please make check or money order payable to the Southwest Renaissance Development Corporation and write The Thelma D. Jones Breast Cancer Fund on the memo line.

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[tjones15@verizon.net](mailto:tjones15@verizon.net)

The Southwest Renaissance Development Corporation is a 501 (c)(3) nonprofit corporation serving as the fiduciary agent of The Thelma D. Jones Breast Cancer Fund.

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## Local Campaign for Soccer Stadium Community Benefits Gains Momentum

By: Felicia Coutts, CBCC Coordinator,  
Email: fcouts@seswbcc.org

“Professional soccer and DC United add to the quality of life in our region, and a new stadium would be exciting. But the District needs to approach the deal in a responsible way, taking into consideration the needs of DC residents, and especially the stadium’s closest neighbors.”

This rallying cry is an affirmation by the Winning Goal Coalition, which includes, among others, the DC Fiscal Policy Institute, ANC commissioners, SWNA, CBCC, Sasha Bruce, concession and construction unions, and environmental groups. As part of the Winning Goal Coalition, the Near SE/SW Community Benefits Coordinating Council (CBCC) was tasked with organizing a community benefits agreement (CBA) campaign to target ANC 6D residents and be included as part of the proposed soccer stadium legislation, Bill 20-805. The campaign has successfully gained a seat at the negotiating table with the city and DC United. The CBA campaign groundwork was laid in June meetings with the city and DC United to discuss the need for a CBA and to share initial broad concepts. Both parties were amicable to the negotiation of a CBA. On June 26, Winning Goal Coalition members, including the CBCC, testified at the City Council joint committee hearing on the bill. CBCC testimony specifically asked the Council not to approve any legislation until a CBA for ANC 6D residents is included.

Over the summer, the CBCC convened at several general and work-group meetings with over 35 community leaders including several commissioners, SWNA, Navy Yard Neighborhood Association (NYNA) representatives, resident council and tenant association leaders, as

well as church and social service representatives. Out of these meetings, a draft CBA was completed and recently turned over to DC United and the city.

The CBA campaign requires the city and DC United to work together to provide significant community benefits such as: a multi-million dollar community fund to be professionally managed and distributed according to neighborhood-based guidelines, a small business incubator, workforce development and training, protections for public housing, and preservation of affordable housing in the neighborhoods closest to Buzzard Point. The campaign also reiterates the recommendations of the draft DDOT traffic and transportation study for the safety of local residents. To assist with the drafting of this legally enforceable agreement, the CBCC has secured the help of *pro bono* legal counsel from Matthew Yeo of Steptoe and Johnson, P.C.

The proposed CBA was provided to the city administrator’s assistant, Tony Robinson, and DC United’s COO, Tom Hunt, in late August, with additional clarification provided during a follow-up meeting on Sept. 12. At that same meeting, city and DC United representatives agreed to provide a joint formal response to the CBA requests within two weeks (by the end of September). Thereafter, CBA campaign leaders expect to enter and complete formal negotiations for a joint presentation with the city and DC United to City Council for approval as an addendum by reference to Bill 20-805. The CBCC strongly urges all resident communities and organizations within ANC 6D who have not already joined the CBA campaign to do so now in support of this invaluable opportunity to forge a lasting partnership with DC United and the city for long-term, significant benefits to the neighborhood and its residents.

## Waterfront Academy Hires New Staff

Waterfront Academy hired its teaching team for the 2014-15 school year: Karina Trejo, Garry Robert, and Concepcion Roque.

Karina Trejo is our Spanish Montessori primary guide. Karina received her AMI Montessori training from the world-renowned Instituto Montessori de Mexico under the direction of those who studied directly with Dr. Montessori and Dr. Montanaro. With several years of experience in both infant/toddler Montessori programs for children up to age three and the Children’s House for kids between age three and six, Karina will provide great insight and has a passion for educating young children. She speaks fluent Spanish as her native language, which will meld a new language into the everyday lives of our students.

Garry Robert joins Waterfront Academy as our catechist. Garry comes to us with valuable experience. He has worked as a civil law attorney in Haiti and as a French and Spanish professor in the Dominican Republic. Trained in the Catechesis of the Good Shepherd, he hopes to share his deep faith with our students and join them on their individual journeys of spiritual discovery.

Concepcion Roque, our primary assistant catechist and guide, is an educator with experience working in the dual-language setting. She worked for several years in various roles in DC Public Charter Schools. Concepcion



L to R: Shackelford, Robert, Roque, and Trejo

brings her vast experience in sharing a second language with students along with an incredible spirit and desire to share Spanish with all children in a loving, caring environment.

“Together, this team of educators will work with the students of Waterfront Academy to ensure a high quality education. Their detailed experiences will guide our students through their Montessori, religious, and Spanish education with confidence and fidelity to each,” said Waterfront Academy’s Head of School, Rebeca Shackelford.

Melissa Rohan, President of Waterfront Academy, said, “Our first day of school is Tuesday, Sept. 2 and I am really looking forward to our first school year with such a competent and caring team.”

Waterfront Academy is a dual immersion (Spanish and English), faith-based Montessori school with emphasis on charity and stewardship in the Catholic tradition.

## Top Three Contestants Announced for Arena’s Wedding Giveaway

Arena Stage at the Mead Center for American Theater announced the three final couples, selected from more than 100 entries, who are vying to win a free wedding currently valued at \$80,000 in the company’s unique and memorable Southwest DC venue. The contest, which is inspired by the company’s upcoming production *Fiddler on the Roof*, asked couples to prove to Tevye, the show’s patriarch with five daughters of his own, why they are the perfect match for each other in order to win the wedding of their dreams. The three finalists include teachers and arts lovers Megan Thrift and Dan Deiter of Alexandria, VA, who met working on a theater production together; cartoonist Michael O’Sullivan and marketer Shawn G. Byers, who are Southwest DC residents and proof that opposites do attract; and quirky college sweethearts based in Upper Marlboro, MD, Kaisha S. Sutton and Quinton Hugueley, who believe in genuine, long-lasting love.

As one final challenge, the top three finalists have been asked to share one family tradition they’ll be keeping and one new tradition they’ve established on their own. The winning couple will be chosen by Broadway veteran Jonathan Hadary, who will star as Tevye in the Arena Stage production, along with the show’s director, Arena Stage Artistic Director Molly Smith, and will be announced Sept. 30.

The winning couple will receive a free wed-

ding ceremony, cocktail hour, and reception for up to 175 guests at the Mead Center for American Theater, with the wedding date set for Friday, Jan. 2 or Sunday, Jan. 11, 2015.

The full wedding package includes free use of the venue, catering and a wedding cake by RSVP Catering, décor by Design Foundry, music and lighting by Bruce Pike Productions, floral design, valet parking by MJ Valet, a bridal suite provided by Mandarin Oriental, Washington DC, an engagement portrait session by Cameron Whitman Photography, a photo booth from Poshbooth, wedding day photography by Steve and Jane, wedding day videography, event planning services by Belle Notte and Simply Breathe Events, a custom wedding hanger from Wedding Hanger Shop, an invitation to the *Fiddler on the Roof* official opening night performance and exclusive post-show party, and other surprises as planning progresses.

The second and third place couples will receive a free engagement photography session from Sam Hurd Photography and a pair of tickets to the official opening night of *Fiddler on the Roof*. All contestants will also be invited to attend a special sneak-peek performance of *Fiddler on the Roof*.

For additional information and photos of the top three couples, visit [arenastage.org/winawedding](http://arenastage.org/winawedding). To view pictures from all of our contest applicants, visit [pinterest.com/arenastage](http://pinterest.com/arenastage).

## August Real Estate Update

By Jason Martin

If you want to know how strong a local market is, just take a look at the days on market. I expect the third and fourth quarters to be just as strong as the first half of the year.

	August 2014	August 2013	% of Change
Sold Dollar Volume	\$6,251,550	\$9,177,300	-31.88%
Avg Sold Price	\$329,029	\$327,761	0.39%
Median Sold Price	\$258,970	\$278,000	-6.85%
Units Sold	19	28	-32.14%
Avg Days on Market	15	23	-34.78%
Avg List Price for Solds	\$326,205	\$329,470	-0.99%
Avg SP to OLP Ratio	100.1%	97.8%	0.79%

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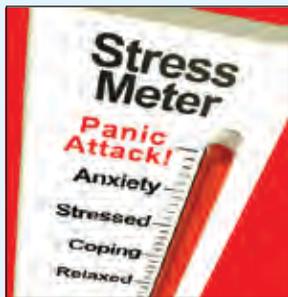
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## Let Nothing Disturb You

By Pastor Ida Moss - [www.MyGreaterWorks.org](http://www.MyGreaterWorks.org)



In Philippians 4:6, the Apostle Paul tells us to "be anxious for nothing." But when we look at the many challenges that we face in life: uncertainty about the future, the potential for declining health, the possibility of need and lack - avoiding anxiety seems inconceivable. As difficult as it may be, Paul's words are filled with wisdom. I cannot think of a single time when worry helped to make a situation better. I am reminded of the story from the book of Exodus (ch. 16), when God fed the children of Israel with bread that rained from Heaven. It came each day for 40 years! At first, some tried to save a little for the next day - but it rotted. God wanted them to learn to trust Him day by day. Worry is caused by anticipating the future. The cure for worry is to realize that TODAY I have all I need!

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## Want to Go? Art Events in Southwest

By: Sheila Wickouski

The following is a list of upcoming art events taking place in Southwest DC.

**WHAT:** *Performing Indonesia* - Not everyone can go off to exotic places for vacations but those of us who live in Southwest can have a taste of what it's like when we visit the Sackler Gallery. *Performing Indonesia* is a festival featuring musical treats from West Java, over the Oct. 4-5 weekend. Indonesia is over 10,000 miles from DC, but their music, dance, and puppetry festival in performances and demonstrations is right here in Southwest for all to enjoy.

**WHEN:** Saturday, Oct. 4

*Symposium: Performing Arts in West Java* from 10:00 am - 12:00 pm & 1 - 2:30 pm

*Wayang Golek Puppets: The Miraculous Birth of Hanuman, the Monkey King* 3 - 4:30 pm

*Dance and Music from West Java: Indonesian College of the Arts* 7:30 pm

**WHEN:** Sunday, Oct. 5

*Student Angklung Orchestra* 11 am - 2:30 pm

*Dance Sundanes!* (For ages 8 - 14 with adult companions) 1 - 2 pm and 2 - 3 pm

*Paint a Puppet!* (For ages 8 - 14 with adult companions) 1 - 2 pm and 2 - 3 pm

*Gamelan Music of West Java* 3:30 - 5 pm

**WHERE:** Sackler Gallery, 1050 Independence Ave. SW

**COST:** All events are free and open to the public.

**WHAT:** *Our War* - Arena Stage's National Civil War Project theatrical event brings

together 25 of America's finest playwrights to explore the war and its repercussions in short monologues and ensemble pieces. *Our War* aims to bring new understanding to this most significant period in our history. This is a one-time opportunity not to be missed!

**WHERE:** *Kogod Cradle* from Oct. 21 to Nov. 9  
**TICKETS:** \$40 to \$50, available online at [arenastage.org](http://arenastage.org), by phone at 202-488-3300, or at the Sales Office at 1101 6th St. SW

**PERFORMANCE DATES:**

Sunday, Tuesday & Wednesday at 7:30 p.m.

Thursday, Friday & Saturday at 8:00 p.m.

Saturday & Sunday at 2:00 p.m.

**WHAT:** The fourth annual (e)merge art fair is bigger than ever, with paintings, sculptures, videos, performances, installations, and other media from an international roster of 85 exhibitors presenting works by 150 artists from 30 countries.

**WHERE:** Capitol Skyline Hotel at 10 "I" St. SW  
**WHEN:** Opening Night Preview Party, Thursday, Oct. 2 from 7 - 9 pm

Concert by the pool with Furniture, Pleasure Curses, and Chris Burns (DJ set) from 9 - 11 pm

**FAIR HOURS:**

Friday, Oct. 3: 12 - 7 pm

Saturday, Oct. 4: 12 - 7 pm

Sunday, Oct. 5: 12 - 5 pm

**ADMISSION:** Opening Preview: \$45 in advance, \$55 at the door

Daily: \$15 (\$10 Seniors and Students w/ valid ID)

Students with valid ID free on Friday, Oct. 3, 12 - 3 pm

**MORE INFORMATION:** [www.emergeartfair.com](http://www.emergeartfair.com)

## Good Eats: Masala Art

By: Bruce Levine, SWNA Vice President

**T** rue story—when my wife Sharron and I moved from suburban Maryland to Southwest last year, we noted the relative "restaurant desert" existing here. At one point, Sharron remarked out loud about how great it would be if one of our favorite restaurants, Masala Art in Tenleytown, could open a branch in Southwest. We let the moment pass, having no reason to believe that was a possibility.

Fast forward to July 17, and there was Masala Art and its owner, Atul Bhola, throwing open its door to the community for its soft opening at 1101 4th St SW, right next to Subway and across from CVS. Atul wanted to bring his new restaurant to Southwest because he likes the "open" feel, diversity, and dynamism of the neighborhood. He has even rented an apartment here for his chefs, who also enjoy the area - you can say hello to them yourselves when they take a break from the kitchen and sit across from Masala Art on the benches next to Westminster Church.

With Atul's decision to put a stake in the ground here, Southwest has become home to one of the best Indian restaurants in DC. Masala Art continues to receive accolades from publications such as the Washington Post, among many

others. Masala Art's menu offers food traditionally associated with northern India - characterized by its heartiness - but also offers the opportunity to explore the cuisines of other regions of India and Kashmir. The excellent, inventive, and flavorful food is complemented by the enthusiastic serving staff and a dining space with an open, airy feel that all at once is elegant and has a neighborhood feel. The restaurant is also graced by beautiful artifacts that Atul acquired during a 17-day trip to India last year.

Masala Art is eager to attract all Southwesterners and has put in place a program designed to do that. They are offering brunch on Saturdays and Sundays from 10:30 am to 3:00 pm that features a three-course, prix fixe menu for \$20, including an option for unlimited Mimosas or Bloody Marys for an additional \$10. Happy hour is offered from 4-7 pm Monday through Friday, with specially priced appetizers and drinks. An interesting new feature, coming soon, is a late-night happy hour after 10:00 pm on weeknights.

Masala Art has been breaking in its kitchen, and the serving staff and Atul want the community to know that they will soon be on par with the high standards set by the Tenleytown original.



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**Transition Worship Address**

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**Come and Join Us!**

**Evening Prayer**

**Tuesdays, 6:30 p.m.**

**Location: See Our Website**

**St. Augustine's Episcopal Church**

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**[rector@staugustinesdc.org](mailto:rector@staugustinesdc.org)**

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**Holy Eucharist  
& Service**

9:30 a.m.

**Sunday School**

9:30 a.m.

"Embracing our diversity we are searchers for Justice, Truth and Beauty ... aware of and responding to community need."

## OCTOBER

**THURS 2, 8-9:30 A.M., COUNCILMEMBER TOMMY WELLS**, Southwest Community Office Hours, held at Starbucks in the Safeway, 1100 4th Street SW.

**SAT 4, 10 A.M.-4 P.M.**, St. Augustine's Episcopal Church's End of Sumer Fair features a bake sale, fish fry, hotdogs, children's face-painting and cupcake decorating, hand-crocheted afghans, scarves and beaded bracelets. Will be outside in two southwest locations. Christ United Methodist Church, 900 4th St SW and Blind Whino, 700 Delaware Ave SW. (202) 554-3222 or rector@staugustinesdc.org. To Volunteer, call Elaine Graves, (202) 863-0256.

**SAT 4, 2 P.M. LEGO CLUB**. Children ages 5-12 are invited to design, create, and build structures with LEGO bricks. Children under 9 years old must be accompanied by a caregiver. Southwest Neighborhood Library, 900 Wesley Pl. SW, 202-724-4752.

**SAT 4, 4-5:30 P.M.** Yoga Nidra For Self Healing. Pamela Wilson guides a very deep, conscious relaxation with a focus on healing body, mind and spirit. No experience in Yoga or meditation necessary. A donation of \$10 is suggested. For more information call 202-746-6654 or email: wilsonpj108@verizon.net Westminster Presbyterian Church, 400 M Street SW.

**MON 6, 7-8:30 P.M. PAWS OF SOUTHWEST**. The monthly meeting is open to the public in the downstairs community room of the SW Neighborhood Library, 202-724-4752. Also find us PAWS of Southwest on Facebook.

**TUES 7, 7 P.M.** Artist Michael Koliner will discuss his work, including his nonumental seating objects in Nonument Park. Participants will create and take with them their own "nonument". For all ages. SW Neighborhood Library.

**TUES 14, 7 P.M.** Author John Wennersten will discuss his latest book, "The Historic Waterfront of Washington, D.C.". SW Neighborhood Library.

**WED 15, 10 A.M.-3 P.M.** SWWF AARP Chapter and District of Columbia Department on Aging 3rd Annual Community Health, Wellness and Informational Fair, River Park Mutual Homes, 1311 Delaware Avenue, SW Washington, DC. KEYNOTE SPEAKER- DR. WILLIE JOLLEY

**WED. 15, 4:30-5:30 P.M. LEGO CLUB**. Children ages 5-12 are invited to design, create, and build structures with LEGO bricks. Children under 9 years old must be accompanied by a caregiver. Southwest Neighborhood Library.

**THURS 16, 7 P.M.** Novelist Rufi Thorpe will discuss her book, "The Girls from Corona Del Mar". Copies of the book will be available for purchase. SW Neighborhood Library.

**MON 20, 7 P.M. ANC 6D MONTHLY BUSINESS MEETING**, 200 I St. SE. (Note SE location this month.)

**WED 22, 4:30-5:30 P.M. KIDS' KARAOKE**. Children ages 5-12 are invited to join us in playing Wii games and karaoke singing. Children under 9 years old must be accompanied by a caregiver. Southwest Neighborhood Library.

**WED 22, 6:30 P.M.-9:30 P.M.** Rachel's Women's Center's upcoming Annual Gala and Silent Auction. Celebrating 35 years of service to homeless and formerly homeless women in the District of Columbia. This annual event will be held at the Kennedy Center Roof Terrace Restaurant, 2700 F St NW, and will feature a live and silent auction, hor d'oeuvres and cocktails. Maureen Bunyan, nightly news anchor for WJLA ABC 7 News, will serve as the Mistress of Ceremonies. For more information, to purchase tickets or to become a sponsor, go to [www.rachels.org](http://www.rachels.org) or contact Executive Director Dawn E. Swan at dawn@rachels.org. Call (202) 682-8608.

**SAT 25, 11 A.M.** Author Tim Krepp will discuss his book "Ghosts of Georgetown" — including anecdotes about Southwest that didn't make it into the book. SW Neighborhood Library.

# Community Calendar

View our on-line calendar at [www.swdc.org/calendar](http://www.swdc.org/calendar).

**Submit Calendar events to [calendar@thesouthwester.com](mailto:calendar@thesouthwester.com) by the 15th of the month preceding the month it is scheduled.**

**SAT 25, 1 P.M. SOUTHWEST BOOK DISCUSSION**. Copies of this month's title, "The Beautiful Things that Heaven Bears" by Dinaw Mengestu are available for checkout at the information desk. SW Neighborhood Library

**SUN 26, 2 P.M. FALL HALLOWEEN PARTY**. Come help us celebrate the season with Fall/Halloween-themed activities, snacks, and a movie. Costumes are welcomed. Children under 9 years old must be accompanied by a caregiver. Southwest Neighborhood Library.

**THURS 30, 9:15 A.M.-3:15 P.M. GW MAMOVAN** visit to SW Safeway, 1100 4th St SW. FREE Breast Health screenings for women who meet the financial eligibility requirements. GW participates with most health insurance plans. Participants who complete the screening will have their names entered into the drawing for one of four \$25 Safeway gift cards. Call Thelma D. Jones 202-251-1639 or GW 202-741-3252 for scheduling appointments.

## WEEKLY, BIWEEKLY

**ADULT RECREATION, 10-12 NOON**, Saturdays, King Greenleaf Recreation Center.

**ADULTS/SENIORS BINGO BRUNCH, 1-3 P.M.**, Mondays and Thursdays, at King Greenleaf Recreation Center

**ADULT YOGA, 6 P.M. MONDAYS**, FREE, Sasha Bruce Youthworks at Randall Recreation Center, 820 So. Capitol & Eye St SW, 202-554-6973.

**AFTER SCHOOL ACCESS, 3:30-5:00PM**, Mondays and Fridays. Ages. 6-14, King Greenleaf Recreation Center, 201 N Streets SW.

**AFTERSCHOOL MEALS PROGRAM, 4-5 P.M.**, Monday -Friday, Ages 6-14. King Greenleaf Recreation Center. Contact Paul Taylor, Gary Williams, Tiletia Harris-Walker.

**AYA COMMUNITY MARKET, 9 A.M.-1 P.M.**, May 24-November 22, 2014 at Christ United Methodist Church, 900 4th Street SW. For more information contact: Christopher Bradshaw, 202-800-2612. [chris@dreamingoutloud.org](mailto:chris@dreamingoutloud.org)

**BABY AND TODDLER STORY TIME, 10:30 A.M.**, Tuesdays 7th, 14th, 21st and 28th. Fun songs, finger plays, and rhymes to promote early literacy development. For infants through 24 months and their caregivers. SW Neighborhood Library.

**BINGO FOR SENIORS, 1-3 P.M.**, Mondays and Thursdays, King Greenleaf Recreation Center. Contact Tiletia Harris-Walker. 202-645-7454.

**BLUES MONDAYS, 6-9 P.M.**, Westminster Presbyterian Church, 400 Eye Street SW, Various Blues musicians and singers featured each Monday. \$5. Food for sale.

**CHILDREN'S SUNDAY SCHOOL, 9:30 A.M.** St. Augustine's Episcopal Church, Fellowship Hall, downstairs, rear of Christ United Methodist Church 900 4th St SW. Children ages 3 and older are invited to join our loving and lively Sunday School where they are introduced to a loving God who welcomes and cares for all. Through biblical stories, art, music and holy play, our children are nurtured in their natural spirituality to grow as the "littlest members" of a community of faith.

**COMPUTER CLASSES, 10-12 NOON**, Tuesdays, SW Neighborhood Library, 724-4752.

**TUES 7** no class scheduled

**TUES 14** Email Basics

**TUES 21** Microsoft Word

**TUES 28** Microsoft Excel

**COMPUTER CLASSES, 6-8 P.M.**, Mondays, DRP Certified Volunteer, King Greenleaf Recreation Center. 202-645-7454.

**CREATE CLUB, 4:30-5:30 P.M.** Wednesday 8th. Children 5-12 years of age are invited to join us after-school for different creative activities each week. Children under 9 years old must be accompanied by a caregiver. SW Neighborhood Library.

**GAME CLUB, 4:30-5:30 P.M.** Children from 5-12 years of age are invited to join us to play board games. Children under 9 years old must be accompanied by a caregiver. Southwest Neighborhood Library, 202-724-4752.

**GAME NIGHT, 7 P.M.**, Thursdays, September 4th, 11th, 18th and 25th. Teens age 13-19 are invited to play Wii games at the SW Neighborhood Library.

**HAND DANCING CLASSES, WITH MR. ZEKE, 12:30-3:30 P.M.** Saturdays, King Greenleaf Recreation Center, 201 N Street SW. 202-645-7454.

**JAZZ NIGHT IN SW, 6-9 P.M.**, Fridays, Westminster Presbyterian Church, 400 Eye Street SW. Various Jazz musicians and singers featured each Friday. \$5. Food for sale.

**JOB CLUB, 12-2 P.M.** Tuesdays, Ages 18 and older. Contacts: Paul Taylor, Mike Wilson. King Greenleaf Recreation Center. 202-645-7454

**JOB SEEKERS PROGRAM, 1-7 P.M.**, Thursdays, By Appointment Only. Help with resumes, cover letters, applications and other aspects of the job search process. SW Neighborhood Library. Call 724-4298 or stop by to set up an appointment.

**THE KIWANIS CLUB OF SOUTHWEST WATERFRONT, 6:30-7:30 P.M.**, every first and third Monday SW Neighborhood Library.

**KOMEN TOASTMASTERS, 10:30 A.M.-NOON**, every 1st & 3rd Saturday, SW Neighborhood Library. Feel free to visit us and to see our communications and leadership program at work.

**LEGAL AID SOCIETY 9:30-12:30 P.M.** Tuesdays and Fridays is offering help in areas of Family Law, Public Benefits and more in Southwest. Free for DC residents who meet certain income guidelines. Friendship Baptist Church, 900 Delaware Ave SW. Call 202-863-9014

**LITTLE FARM STAND, 10 A.M.-12 P.M.** Saturdays, May through December at the Southwest Duck Pond with organic produce, baked goods, maple syrup and preserves from Loudoun County's Red Gate Farm. [www.littlefarmstand.com](http://www.littlefarmstand.com)

**MAMÁ Y YO: 9:30-11:30 A.M.** Fridays, Oct. 3rd, 17th, 24th & 31st; Saturdays, 4th, 18th, 25th & Nov. 1st.. This class is a Spanish immersion Montessori "Mommy and Me" class. Your child along with a caregiver or parent will participate in a collaborative class, building on foundational vocabulary and skills. Ages 18 months to 3 years. Learn more and register. Waterfront Academy 60 Eye St SW. 202-484-0044

**MACHINE PITCH, 5-6 P.M.**, Ages 7-8, Mondays & Wednesdays, King Greenleaf Recreation Center. Contact Paul Taylor, Mike Wilson.

**MOVIE NIGHT, 7-8:30 P.M.**, Ages 14-19, Fridays, King Greenleaf Recreation Center. Contact Michael Wilson 202-645-7454.

**NARFE-THE NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES, 1:30-2:30 P.M.**, every fourth Thursday through May. SW Neighborhood Library, basement meeting room.

**OPEN COMPUTER TIME, 3-7 P.M.** Mondays, Sasha Bruce Youthworks at Randall Recreation Center, 820 South Capitol & Eye St SW, 202-554-6973.

**PAJAMA STORYTIME, 6 P.M.** Thursdays October 2nd, 9th, 16th, 23rd and 30th. Put on your pajamas,

grab your teddy bear and join us in the Children's Room for a story time before heading to bed! We'll read stories, sing songs and perform finger plays together. For children of all ages and their families. SW Neighborhood Library.

**POLICE SERVICE AREA 106, COMMUNITY MEETING, 10-11 A.M.**, every Last Saturday, Senior Citizen Community Room 900 5th Street S.E.

**PRE SCHOOL STORYTIME, 10:30 A.M.** Wednesdays, October 1st, 8th, 15th, 22nd and 29th. Join us for books, songs, rhymes and fingerplays as we continue to promote early literacy skills, and a simple craft project afterwards. Intended for children 2-5 years of age and parents/caregivers. SW Neighborhood Library.

**SASSY SENIORS**, Monthly trips to play bingo, have parties, chat and chews, exercise and a great deal of other things. Come and sign up to participate. King Greenleaf Recreation Center. Contact Tiletia Harris-Walker 202-645-7454.

**SEATED YOGA, 11 A.M.- NOON ON MONDAYS, AND WEDNESDAYS 4-5 P.M.**, Westminster Presbyterian Church. Pamela Wilson guides a gentle series of movements designed to free the joints and ease the mind. This is part of Westminster's Wellness program.

**SENIOR CARDIO EXERCISE, 11 A.M.-NOON**, Wednesdays, King Greenleaf Recreation Center. Contact Gary Williams.

**SOUTHWEST RENEWAL AA**, Alcoholics Anonymous group, 7PM Mondays, Sasha Bruce Youthworks at Randall Recreation Center, 820 South Capitol & Eye St SW, 202-554-6973.

**THE SOUTHWEST WATERFRONT AARP #4751 CHAPTER**. Wednesday, September 17, 2014, Noon Luncheon Meeting. Meetings are every Third Wednesday. Presentation to prepare us for all of the AARP Real Possibilities with AARP DC programs and services updates, including updates on Age Friendly DC. Current AARP members and new prospective members are welcome. Costs: \$5.00 for lunch. River Park Mutual Homes' Community Room, 1311 Delaware Ave., SW. For further information, contact Chapter President Betty Jean Tolbert Jones, [bettyjeantolbertjones@yahoo.com](mailto:bettyjeantolbertjones@yahoo.com) or 202-554-0901.

**SW FREEWAY, NA, 7-8 P.M.**, Narcotics Anonymous group, Wednesdays, Westminster Presbyterian Church, 400 Eye Street SW.

**TEEN CLUB, 6:30-8:30 P.M.**, Fridays, Ages 14-19. King Greenleaf Recreation Center, Contact Angela Venable.

**TENNIS FOR BEGINNERS, 5-7 P.M.**, Wednesdays, Ages 6-13, DPR Certified Volunteers. King Greenleaf Recreation Center.

**WALK FOR WELLNESS, 11-12 P.M.**, Tuesdays and Fridays, while walking to music, in the gym of King Greenleaf Recreation Center.

**WASHINGTON STAMP COLLECTOR'S CLUB, 7-9 P.M.**, First and Third Wednesday each month. Buy, trade and sell stamps. Refreshments, auctions and programs. Christ United Methodist Church, 900 Fourth Street SW. 202-863-0564.

**WELLNESS WEDNESDAYS**, Westminster Presbyterian Church, 400 Eye Street SW, 4 P.M. Seated Yoga and Healing Sessions (Pamela Wilson and Riva Wine). 5:30 P.M. Laughter Yoga (Claire Trivedi). 6:45 P.M. Sampoorna Yoga (Alex Rosen). 7 P.M. Narcotics Anonymous SW Freeway Meeting.

**YOGA FOR ADULTS & TEENS, 7:15** Wednesdays 8th, 15th, 22nd & 29th. Teens and adults are welcome to attend, from beginners through advanced. Mats provided or bring your own. SW Neighborhood Library.

**ZUMBA, 6 P.M.** Thursdays, FREE, Sasha Bruce Youthworks at Randall Recreation Center, 820 So. Capitol & Eye St SW, 202-554-6973.

**ZUMBA, 7 P.M.**, Mondays, 6th, 20th & 27th, This fitness class is open to all teens and adults, from beginners to advanced. SW Neighborhood Library



# Jenny's on the Southwest Waterfront

## *Stay Tuned for the next chapter of Jenny's on the Southwest Waterfront*

Effective Monday, September 29, 2014, Jenny's Asian Fusion will be closed to prepare for its move to 650 Water Street, SW (previously the Channel Inn). We make this bittersweet announcement with both sadness and excitement as we say goodbye to our current location, but hope to begin the new chapter of Jenny's on the Southwest Waterfront soon. To stay tuned for what's next at Jenny's, visit:

[www.jennysdc.com](http://www.jennysdc.com)

and

<http://twitter.com/jennyswashdc>

We will provide updates on the transition to our new location and are excited to continue our legacy in Southwest DC.

Since 1983, Jenny's has called Southwest DC home and our customers are our family. Jenny's is proud to have been a part of not only our customers' biggest moments – from first dates, to weddings, to children, and everything in between but also our own as we consider Jenny's the living room that countless holidays were spent in, our family grew up in and even where our daughter was married. Thank you to all of our loyal customers, friends, and family who have supported Jenny's for over 30 years!

Most importantly, we are sincerely grateful to our dedicated employees for all of the efforts and hard work over the last three decades. We hope many of these employees will have the opportunity to rejoin us after our transition to a new location on the Southwest Waterfront.

We say farewell for now, but please stay tuned for the next chapter of Jenny's on the Southwest Waterfront. Thank you for the memories!



**Jenny's on the Southwest Waterfront**  
**650 Water Street, SW (previously the Channel Inn)**  
**Washington, DC 20024**

**JENNY'S**  
 ASIAN FUSION

*Please email [information@jennysdc.com](mailto:information@jennysdc.com) with any questions, comments or updates.*